RESETTING YOUR BALANCE

Take a moment of pause from your routine!

Reconnect with Your Inner Wisdom

Join us for a weekend of deep resetting.







Resetting Your Balance A Transformational Journey

Are you feeling overwhelmed by the pressures of life and career? Do you find yourself struggling to maintain balance amidst the demands of a fast-paced world? It's time to take a step back and invest in yourself. Welcome to "Living in Greatness," a transformative 4-day residential workshop designed for working professionals, aspiring leaders, entrepreneurs, and business owners like you.

In today's fast-paced world, where the demands of work and life can feel overwhelming, it's essential to take a step back and reevaluate our priorities. Resetting your balance is more than just a workshop; it's a lifeline for professionals navigating complex environments and demanding careers.

This program offers practical tools and insights drawn from ancient wisdom traditions, neuroscience, family constellations, systemic intelligence, gestalt therapy, and cognitive psychology. Endorsed by companies, solopreneurs, and individuals seeking professional growth and personal fulfillment, Resetting your balance is a path to chart your growth, regain joy, and well being.





Day 1: Compass of Life

Start your journey by exploring the compass of life, understanding the key areas that shape your existence. From finances to relationships, from career to personal growth, discover how each aspect influences your overall well-being. Through interactive sessions and insightful discussions, gain clarity on your priorities and set the course for a fulfilling life.

Day 2-3: Unlocking Your Inner Potential

Delve deeper into understanding yourself as a complex system. Explore the stages of development and learn how mood, body, mind, and language play crucial roles in shaping your reality. Uncover your inner program and alignments, identify your value system, and address selfsabotage mechanisms that hinder your progress. Gain invaluable insights into overcoming fear, understanding unmet needs, and breaking free from limiting beliefs.

Day 3-4: Embracing Your True self

On the final day, harness the power of your energy system and discover your true purpose and meaning. Experience the liberating feeling of being your authentic self and flowing effortlessly with life. Through guided exercises and reflective practices, create space for love, joy, and peace in your life. Embrace a healthy relationship with yourself, find your true calling, and confidently face the dilemmas of life.





Benefits for Participants:

- Gain clarity and consciousness
- Untangle the knots of stuckness
- Release blocked energy and create new vitality
- Cultivate a sense of refreshment and renewal
- Develop a healthy relationship with yourself
- Discover your true purpose and priorities
- Confront dilemmas with confidence

Why This Program Is Essential:

In today's fast-paced and demanding world, many professionals find themselves overwhelmed by pressure, complexity, and the constant demands of their jobs. This can lead to burnout, broken relationships, health crises, loss of meaning, and a sense of being trapped in a neverending cycle.

Drawing on wisdom traditions, ancient philosophies, neuroscience, family constellations, systemic intelligence, gestalt therapy, and cognitive psychology, "Living in Greatness" offers a unique blend of practical tools and profound insights that can help you unlock your full potential and live the life you were meant to live.

"Resetting Your Balance" is more than just a course; it's a lifetime investment in your well-being and success. With ongoing support and a community of like-minded individuals, you'll continue to grow and thrive long after the program ends. Join us in the serene green estate on the outskirts of Jakarta for an immersive experience that will rejuvenate your spirit and transform your life.



www.transformlink.com





Join Us Today:

Embark on a journey of self-discovery and transformation. With a blend of wisdom traditions, neuroscience, and psychological insights, our program offers a holistic approach to personal growth. Join a community of like-minded individuals committed to living their best lives.

Limited Seats Available:

Register early to secure your spot in this life-changing program. Join us at our serene estate on the outskirts of Jakarta for an immersive experience unlike any other. Don't miss out on this opportunity to reset, recharge, and reignite your passion for life. Invest in yourself today! Click the button below to register.

Bogor highland area

Oct 10-13, 2024

Individual (please email) Corporate (please email)

Early birds before 13 August , disc 10%

Registration and Contact Via email: info@transformlink.com place is limited, please book in advance.

PT Solusi Strategis Indonesia Grand Slipi Tower 5E JI S Parman Kav 22-24v JKT 11280 **WWW.transformlink.com**

Terms and Conditions

Twin sharing bed or single bed option. Meals are provided. Transport to location arranged by participants (accessible by cars) Event starts 10 am 10 Oct; ends 14:00 pm 13 Oct. Cancelation 2 month before full refund Cancelation 1 month before fee 10% less than 1 month no refund (apologies as we have made accomodation bookings)





Meet the facilitator

LEKSANA TH



Over two decades ago, I faced a big decision: whether to stick with my corporate career or seek something more fulfilling. After years in engineering, consulting, and financial services, the stress of corporate politics took its toll on me. I realized I needed a change. I wanted to work in places where people could grow and thrive while doing their jobs well.

So, I took a leap of faith and left my corporate job to focus on helping others develop as leaders. I felt a deep sense of purpose in guiding people along their paths.

My journey led me to explore various fields related to human development, from neurolinguistic programming to gestalt therapy, and from energy healing to cognitive behavioral therapy. Through personal development courses, I honed my skills as a facilitator of leadership and personal growth.

With each passing year, I found more meaning in my work as I witnessed profound changes in the lives, relationships, and careers of those I helped. My clients felt empowered and energized, and they often told me how much our sessions had changed their lives. This led organizations to seek my guidance in developing their people and leaders.

Yet, in 2008, at the peak of my success, I faced a health crisis that made me realize I needed to slow down and take care of myself. At the same time, the economic crisis of 2008 brought new challenges marked by uncertainty and complexity.

In this time of change, I transformed personally, realizing the importance of changing my approach to facilitation. I embraced vulnerability and stopped chasing perfection, adopting a new role as a facilitator—a safe space for leaders and organizations going through their own transformations.

My journey has been one of constant growth, fueled by a desire to bring about profound changes in leaders and organizations. Along the way, I've learned from fellow travelers and respected mentors, delving into areas like systemic intelligence, deep coaching, and collective wisdom.

Today, I see myself as a guiding light, ready to merge my role as a facilitator with leadership development. Transformlink is the culmination of my journey, offering a place for organizations and leaders who are part of the movement to expand consciousness.

With a purpose to offer real options for those eager for change, Transformlink represents not just my journey, but a way for all of us to evolve together. Join me as we embark on this transformative journey.